# 9th European Conference on Positive Psychology

Positive psychology for a flourishing Europe in times of transitions

June 27-30, 2018 / Budapest, Hungary

| | June 26 / Tuesday | | June 27 / Wednesday | | | | | June 28 / Thursday | June 29 / Friday | June 30 / Saturday | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Positive Education Pre-conference** | **Workshops** | **Positive Education Pre-conference** | **Workshops** | | | **ECPP 2018 Conference** | **ECPP 2018 Conference** | | | |
| 8:30 - 8:45 | Pre-conference Registration | Workshop Registration | | Workshop Registration | | | Conference Registration | Conference Registration | Conference Registration | Conference Registration | 8:30 - 8:45 |
| 8:45 - 9:00 | | | | | | | | | | | 8:45 - 9:00 |
| 9:00 - 9:15 | | **Marta Csabai & Peter Schulz Workshop** | | **Lisa Vivoll Straume Workshop** | **Tayyab Rashid Workshop** | **Itai Ivtzan & Ryan Niemiec Workshop** | | **Keynote Speech 3 Kate Hefferon:** Positive Growth | **Keynote Speech 6 Ryan Niemiec** Mindfulness and Character Strengths: Integrating the Hot Topics of Positive Psychology | **Keynote Speech 9: Wilmar Schaufeli** | 9:00 - 9:15 |
| 9:15 - 9:30 | | | | | | | | | | | 9:15 - 9:30 |
| 9:30 - 9:45 | Welcome | | | | | | | | | | 9:30 - 9:45 |
| 9:45 - 10:00 | "Let's get started" Activity: energy, zest, teamwork | | Welcome / A brief morning activity | **Lisa Vivoll Straume Workshop** Building change ready, high-performing teams through strength-based leadership | **Tayyab Rashid Workshop** Positive Psychotherapy: Integrating Symptoms & Strengths Towards Holistic Health | **Itai Ivtzan & Ryan Niemiec Workshop** An Adventure through the Best of Positive Psychology: The Integration of Mindfulness, Meaning, Character Strength, and Spirituality | | **Keynote Speech 4: Hans Henrik Knoop** Flourishing through Transitions: How Positive Psychology Promotes Sustainable Change for Individuals and Communities | **Keynote Speech 7 Itai Ivtzan** Second Wave Positive Psychology: Embracing the Dark Side of Life | **Keynote Speech 10 Jeanne Nakamura** | 9:45 - 10:00 |
| 10:00 - 10:15 | **Opening session** Positive education and current education trends Centrality of student and teacher engagement | | Plenary session | | | | | | | | 10:00 - 10:15 |
| 10:15 - 10:30 | | | | | | | | | | | 10:15 - 10:30 |
| 10:30 - 10:45 | Break | | Break | | | | | Coffee Break Recreational activities | Coffee Break Recreational activities | Coffee Break Recreational activities | 10:30 - 10:45 |
| 10:45 - 11:00 | **Parallel sessions** Four Parallel sessions, each organized and led by an engager, with 5-7 short contributions. | | Positive education fair | Sandwich Lunch | Sandwich Lunch | Sandwich Lunch | | | | | 10:45 - 11:00 |
| 11:00 - 11:15 | | | | | | | | Oral Sessions | Oral Sessions | Oral Sessions | 11:00 - 11:15 |
| 11:15 - 11:30 | | | | | | | | | | | 11:15 - 11:30 |
| 11:30 - 11:45 | | | | | | | | | | | 11:30 - 11:45 |
| 11:45 - 12:00 | | | | | | | | | | | 11:45 - 12:00 |
| 12:00 - 12:15 | | | | | | | | | | | 12:00 - 12:15 |
| 12:15 - 12:30 | Integration: Take away and key learning points | | **Wrap-up:** Conversation hours, engaging panel **(Sandwiches are provided)** | | | | | | | | 12:15 - 12:30 |
| 12:30 - 12:45 | "Visions for Positive Education" **Working lunch** in groups: Creating a worldwide Positive Education Community **(Sandwiches are provided)** | **Marta Csabai & Peter Schulz Workshop** Health Empowerment in the Information Age: A new perspective offered by Positive Psychology | **Closing** "Key Learning Points from the pre-conference" | **Lisa Vivoll Straume Workshop** Building change ready, high-performing teams through strength-based leadership | **Tayyab Rashid Workshop** Positive Psychotherapy: Integrating Symptoms & Strengths Towards Holistic Health | **Itai Ivtzan & Ryan Niemiec Workshop** An Adventure through the Best of Positive Psychology: The Integration of Mindfulness, Meaning, Character Strength, and Spirituality | | Lunch and Poster Session | Lunch and Poster Sessions | Lunch and Poster Sessions | 12:30 - 12:45 |
| 12:45 - 13:00 | | | | | | | | | | | 12:45 - 13:00 |
| 13:00 - 13:15 | | | | | | | | | | | 13:00 - 13:15 |
| 13:15 - 13:30 | | | | | | | | | | | 13:15 - 13:30 |
| 13:30 - 13:45 | Break | | | | | | | Oral Sessions | Oral Sessions | Oral Sessions | 13:30 - 13:45 |
| 13:45 - 14:00 | Summarizing the groups' work Connecting with IPEN | | | | | | | | | | 13:45 - 14:00 |
| 14:00 - 14:15 | | | | | | | | | | | 14:00 - 14:15 |
| 14:15 - 14:30 | | | | | | | | | | | 14:15 - 14:30 |
| 14:30 - 14:45 | | | | | | | | | | | 14:30 - 14:45 |
| 14:45 - 15:00 | Break | | | | | | | | | | 14:45 - 15:00 |
| 15:00 - 15:15 | **Parallel sessions** Four Parallel sessions, each organized and led by an engager and comprises 5-7 short contributions | | | | | | | Coffee Break Recreational activities | Coffee Break Recreational activities | Closing Ceremony and Farewell Drinks | 15:00 - 15:15 |
| 15:15 - 15:30 | | | | | | | | | | | 15:15 - 15:30 |
| 15:30 - 15:45 | | | | | | | Opening Ceremony | Oral Sessions | Oral Sessions | | 15:30 - 15:45 |
| 15:45 - 16:00 | | | | | | | **Keynote Speech 1: Mihály Csíkszentmihályi** | | | | 15:45 - 16:00 |
| 16:00 - 16:15 | | | | | | | | | | | 16:00 - 16:15 |
| 16:15 - 16:30 | | | | | | | | | | | 16:15 - 16:30 |
| 16:30 - 16:45 | **Integration:** Take away and key learning points | | | | | | **Keynote Speech 2: Antonella Delle Fave** The contextualization of well-being research: conceptual and empirical challenges | | | | 16:30 - 16:45 |
| 16:45 - 17:00 | | | | | | | | | | | 16:45 - 17:00 |
| 17:00 - 17:15 | Connecting with IPEN / AI Summit | | | | | | | Coffee Break Recreational activities | Coffee Break Recreational activities | | 17:00 - 17:15 |
| 17:15 - 17:30 | | | | | | | | | | | 17:15 - 17:30 |
| 17:30 - 17:45 | Break | | | | | | Welcome Reception (included in the price) | **Keynote Speech 5: Barbara Fredrickson** Form and Function of Positivity Resonance in Marital Conflict | **Keynote Speech 8: Tamás Freund** Network oscillations - learning - creativity: influences of our inner world and the information flood | | 17:30 - 17:45 |
| 17:45 - 18:00 | | | | | | | | | | | 17:45 - 18:00 |
| 18:00 - 18:15 | **Meet & fun** Getting together & networking PERMA Speed-dating" | | | | | | | | | | 18:00 - 18:15 |
| 18:15 - 18:30 | | | | | | | | | | | 18:15 - 18:30 |
| 18:30 - 18:45 | | | | | | | Social Activities Ruin Pub Crawl Thermal Bath Trip Alternatice Sight Seeing Tour | Social Activities Ruin Pub Crawl Thermal Bath Trip Alternatice Sight Seeing Tour | Conference Dinner Cruise (optional) | | 18:30 - 18:45 |
| 18:45 - 19:00 | | | | | | | | | | | 18:45 - 19:00 |
| 19:00 - 19:15 | | | | | | | | | | | 19:00 - 19:15 |
| 19:15 - 19:30 | | | | | | | | | | | 19:15 - 19:30 |
| 19:30 - 19:45 | | | | | | | | | | | 19:30 - 19:45 |
| 19:45 - 20:00 | | | | | | | | | | | 19:45 - 20:00 |
| 20:00 - 20:15 | Pre-conference dinner | | | | | | | | | | 20:00 - 20:15 |
| 20:15 - 20:30 | | | | | | | | | | | 20:15 - 20:30 |
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| 21:45 - 22:00 | | | | | | | | | | | 21:45 - 22:00 |
| 22:00 - 22:15 | | | | | | | | | | | 22:00 - 22:15 |
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| 22:45 - 23:00 | | | | | | | | | | | 22:45 - 23:00 |