



Mihály Csíkszentmihályi

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Mihály Csíkszentmihályi was born in Fiume, Italy (now Rijeka, Croatia), to Hungarian parents. He left Italy in 1956 to study in the United States. He received a PhD in Human Development from the University of Chicago in 1965, and started teaching at a nearby college. During this time, he developed the basic model of the *flow experience*.

In 1970 Mihály was called back to the University of Chicago, where he became Chair of the Department of Psychology.

In 1999 he accepted an offer to teach at the Drucker School of Management of the Claremont Graduate University in California, where he later started the first doctoral program in Positive Psychology. He is the author of 14 books translated into 29 languages, and over 250 research articles.

He sits on the Board of Trustees of the International Positive Psychology Association, an organization he co-founded in 2001.