



## 9th European Conference on Positive Psychology

June 27-30, 2018 / Budapest, Hungary

### **Michael F. Steger**

*Professor of Psychology, Founding Director, Center for Meaning and Purpose Colorado State University*

Michael F. Steger, Ph.D. is Professor of Psychology, and the Founding Director of the Center for Meaning and Purpose at Colorado State University. He earned his doctorate in Counseling Psychology and Personality Psychology from the University of Minnesota in 2005. For more than 15 years, he has researched how people flourish through building meaning and purpose in their lives and in their work. He has published more than 100 scholarly journal articles and book chapters, and three books, including *The Wiley Blackwell Handbook of the Psychology of Positivity and Strengths-Based Approaches at Work* and *Purpose and Meaning in the Workplace*. He provides keynotes, lectures, workshops, and consulting around the world on the topics of meaning, purpose, psychological strengths, meaningful work, and creating a happy workplace.