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Mette Marie Ledertoug, Ph.D, Postdoc in Positive Education at DPU/Aarhus University, Denmark. Ledertoug is educated as a teacher and has a master degree in Educational Psychology and in Positive Psychology, and more than 20 years of experience in the field. Ledertougs domain of research is optimal learning and well-being for children and adolescents in schools with a focus on strength-based learning and resilience. She is an author of several books and articles on these subjects. Early spring 2018 the book "The Battle against Boredom" is released – a book she co-authored with Nanna Paarup, Nadia Holmgren and Louise Tidmand.