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Professor László Harmat is Associate Senior Lecturer in Psychology at Linneaus University. He started his career at Semmelweis University of Medicine at the Institute of Behavioural Sciences as Assistant Professor. Later, in 2011 he moved on to the Karolinska Institutet in Sweden where worked as Post-doctoral Research Fellow. Prior to his current position he joined the Department of Psychology at the Uppsala University where he spent the year 2016.

Professor Harmat earned his PhD at Semmelweis University of Medicine in Hungary and his MSc in Psychology at the University of Szeged. He also bears a certificate of Mental Hygiene from Semmelweis as well.