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Dr Ilona Boniwell heads the International MSc in Applied Positive Psychology (I-MAPP) at Anglia Ruskin University (UK and France). She also teaches positive leadership at l'Ecole Centrale Paris and HEC Business School, as well as consults businesses and educational institutions around the globe as a Director of Positran, a boutique consultancy dedicated to achieving transformation through positive psychology. She is also co-founder and co-director of ScholaVie. Dr Boniwell wrote or edited seven books and multiple scientific articles, delivered over 150 keynotes and invited presentations, founded the European Network of Positive Psychology, organised the first European Congress of Positive Psychology (2002) and was the first vice-chair of the International Positive Psychology Association (IPPA).