



TUESDAY, JUNE 26

09:00–09:10

Strength Room

Plenary Room

A Warm Welcome

09:10–09:30

Strength Room

Plenary Room

Plenary

Positive Education: Looking Back and Looking Forward

Margaret L. Kern, Melbourne Graduate School of Education The University of Melbourne

09:30–09:40

Strength Room

Plenary Room

"Let's Get Started"

Activity: energy, zest, teamwork

Mette Marie Ledertoug, Educational Psychology, Aarhus University & Nanna Paarup, Solve-it ApS

09:40–10:00

Break and transition

10:00–11:30

Strength Room

Plenary Room

Facilitating Resilience in Children and Adolescents

Leader: Tammie Ronen, Dean, The Gershon Gordon Faculty of Social Sciences Tel-Aviv University

Presenters:

- **Meaning in Life through Children's Eyes as a Source of Resilience: Research and Practice**
Yael Sharon, Talpiot and Psagot College
- **Mindfulness, Authenticity, and Body and Emotional Awareness: Promoting Childhood Well-being**
Noga Tsur, Tel Aviv University
- **Building Resilience through Appreciative Approaches**
Martin Galpin & Michele Deeks, Work Positive
- **Detecting Sleep Deprivation through Twitter: A Language Based Study**
Gavin R. Slemm, Melbourne Graduate School of Education The University of Melbourne; Margaret L. Kern, Melbourne Graduate School of Education The University of Melbourne Alistair Walsh
- **Building Mindful Resilience**
Elke Paul, Flourishing at School
- **School-based Interventions Based on Ancient Wisdom for Socially Marginalized Students**
Narayanan Annalakshmi, Bharathiar University

Peace Room

Symposia

The Science and Art of Mindfulness in Education: Initiatives, Outcomes and Challenge

Leaders: Bryndís Jóna Jónsdóttir, University of Iceland; Aviva Berkovich-Ohana, University of Haifa; Nimrod Sheinman, Israel's Center for Mindfulness in Education

Presenters:

- **Being 'Here and Now': Mindfulness and Neuroscience**
Aviva Berkovich-Ohana, University of Haifa
- **Implementing and Investigating School-based Mindfulness and Well-being Programs: Example of The Present Course for Primary Schools (Video)**
Dusana Dorjee, Bangor University
- **Mindfulness in Education in Iceland: A Whole School Model Approach – Principles and Preliminary Results**
Anna Dora Frostadóttir, Mindfulness Centre in Iceland
- **Mindfulness in Education as a Whole School Approach – Principles, Guidelines, and Outcomes**
Nimrod Sheinman, Israel's Center for Mindfulness in Education
- **Finland's Healthy Learning Mind Research and Development Project**
Salla-Maarit Volanen, Folkhälsan Research Center and University of Helsinki



TUESDAY, JUNE 26

Wisdom Room
Symposia

Character Strengths in the Context of Positive Schooling: Focusing on Students and Teachers

Leaders: Marco Weber, Ph.D., Department of Psychology, Technical University Darmstadt & Claudia Harzer, Ph.D., Department of Psychology, Technical University Darmstadt

Presenters:

- Character Strengths' Crucial Role in Schooling: Introducing a "Schooling-related Engine Model of Well-being"
Claudia Harzer, Technical University Darmstadt
- Effects of an Intervention Program on Intern Teachers' Well-being and Character Strengths Development
Nancy Goyette, Université du Québec à Trois-Rivières, Department of Education Sciences
Philippe Dubreuil, Université du Québec à Trois-Rivières, Department of Human Resources Management
- The Role of Teachers' Character Strengths in Classroom Management
Polona Gradišek, Faculty of Education, University of Ljubljana
- Principals' Strengths Use Effects on Teachers
Sahar Amoury-Naddaf, Department of Leadership and Policy in Education, University of Haifa
Shiri Lavy, Department of Leadership and Policy in Education, University of Haifa
- Working with VIA Strengths in Youth Counselling – Research Plans as Outcome of a Ph.D. Intervention
Louise Tidmand, University of Aarhus
- Positive Education Programme: A Whole School Approach to Supporting Children's Well-being
Jochem Goldberg, Department of Psychology, Health and Technology, University of Twente
Aleisha Clarke, Department of Psychology, Health and Technology, University of Twente
Karlein Schreurs, Department of Psychology, Health and Technology, University of Twente
Ernst Bohlmeijer, Department of Psychology, Health and Technology, University of Twente
- On the relations between students' character strengths and various aspects of positive schooling
Marco Weber, Department of Psychology, Technical University Darmstadt

Gratitude Room
Symposia

Cultivating Meaningfulness, Purpose and Engagement in Schools

Leader: Pninit Russo-Netzer, Ph.D., University of Haifa

Presenters:

- Unraveling Youth Meaning, Purpose, and Happiness: Looking Ahead at Educators' Role
Zipora Magen, Tel Aviv University
- Autonomy Support, Engagement and Meaning in an Icelandic Compulsory School
Ingibjörg Kaldalóns, University of Iceland
- Nurturing the Spark of Meaning in Children: Empirical and Practical Implications of Viktor Frankl's Pathways to Meaning in Life
Pninit Russo-Netzer, University of Haifa
- Fostering Adolescents' Meaning and Purpose in Life Through a Social and Emotional Program
Mandy Wai-chan Chan, Jimmy de la Torre and Mantak Yuen, The University of Hong Kong

11:00–11:30

Break and transition



TUESDAY, JUNE 26	
11:40–12:00	
Strength Room	<p>Integration: Take away and key learning points – <i>Margaret L. Kern, Melbourne Graduate School of Education The University of Melbourne/ Nanna Paarup, Solve-it ApS</i></p>
12:00–12:30	
Strength Room	Visions for Positive Education
12:30–13:00	
Strength Room	<p>Working lunch in groups: Creating a Worldwide Positive Education Community</p>
13:00–13:30	
Strength Room	<p>Integration Summarizing the groups' work <i>Margaret L. Kern, Melbourne Graduate School of Education The University of Melbourne</i></p>
13:30–15:00	
Strength Room Plenary	<p>Facilitating Resilience among Children Through Their Immediate Environment <i>Leader: Tammie Ronen, Dean, The Gershon Gordon Faculty of Social Sciences Tel-Aviv University</i> <i>Presenters:</i></p> <ul style="list-style-type: none"> • Helping Children to 'Prosper' and 'Bounce back' <i>Toni Noble, Institute of Positive Psychology and Education, Australian Catholic University</i> • Inquiry-Based Stress Reduction Meditation Technique for Teacher Burnout A Qualitative Study <i>Shahar Lev-Ari, Tel-Aviv University; Lia Schnaider-Levi, Tel-Aviv University; Inbal Mitnik, Rambam Medical Center; Keren Zafrani</i> • Building Resilience and Nature Connectedness: Embedded Practice for Engaging with Nature. <i>Moya O'Brien, Founder of ICEP Europe, Ireland & USA</i> • Unique Program to Develop EQ and Resilience for Success Background <i>Mike Conway, Founder & CEO XVenture</i> • Honor Your Inner Child: Rediscover the Power of Learning through Play and Experience <i>Casey Kimberley</i> • Increasing Positive Emotion and Self-evaluation in Children <i>Tammie Ronen, Dean, The Gershon Gordon Faculty of Social Sciences Tel-Aviv University</i>
Peace Room Symposia	<p>Relationships as Professional Skills <i>Leaders: Anne Linder, Danish Center for ICDP; Camila Devis-Rozental, Bournemouth University, UK; IPPAed UK Regional Representative</i></p>
Gratitude Room Symposia	<p>Disadvantaged and Disconnected: How Can Positive Education Reach and Be Relevant for the Teachers, Schools, and Students Who Need it Most? <i>Leaders: Sue Roffey, University of Exeter; Denise Quinlan, New Zealand Institute of Well-being and Resilience</i> <i>Presenters:</i></p> <ul style="list-style-type: none"> • Implementation of Whole School Positive Education in Primary Schools with Low SES in Hong Kong <i>Sylvia Kwok Lai Yuk Ching is Associate Professor, Positive Education Laboratory, City University of Hong Kong</i>



TUESDAY, JUNE 26	
Gratitude Room Symposia	<ul style="list-style-type: none"> Positive Psychology with Disadvantaged Young Children in Diverse Populations <i>Niva Dolev is Head of Education and Family Division, Kinneret Academic College on the Sea of Galilee</i> Positive Education Program with Multi-cultural Special-needs High School Students in Israel <i>Dalia Alony, Ruppit Academic Center and Or Yehuda Academic Center</i>
Love Room Symposia	<p>Engaging “Everyone”: Engagement in Different Student Populations <i>Leaders: Lotta Uusitalo-Malmivaara, University of Helsinki; Kaisa Vuorinen, University of Helsinki</i></p> <p><i>Presenters:</i></p> <ul style="list-style-type: none"> Positive CV <i>Kaisa Vuorinen, University of Helsinki</i> Parental Box <i>Lotta Uusitalo-Malmivaara, University of Helsinki</i> The Application of Self-Determination to the Disability Context <i>Michael L. Wehmeyer, Ph.D, University of Kansas</i>
15:00–15:30	Break and transition
15:30–17:00	
Peace Room Symposia	<p>The Battle Against Boredom <i>Leaders: Mette Marie Ledertoug, PhD, Postdoc in Positive Education, Aarhus University; Louise Tidmand, Phd student in “Lifeskills on the Curriculum”. MA (Ed) in Educational Psychology, Styrekaademiet ApS.; Nanna Paarup, MA in Positive Psychology, Solve-it ApS</i></p>
Gratitude Room Symposia	<p>Strength-based coaching in schools: Supporting teachers’ and students’ best possible selves <i>Leader: Fred Korthagen, Utrecht University</i></p>
Wisdom Room Symposia	<p>Meaningfulness, Purpose and Engagement in Schools: Resources, Perspectives and Challenges <i>Leader: Pninit Russo-Netzer, University of Haifa</i></p> <p><i>Presenters:</i></p> <ul style="list-style-type: none"> Meaningfulness as Significance – Authenticity and Contribution as Two Key Pathways to What Makes Life Worth Living <i>Frank Martela, Aalto University</i> Purpose and Engagement in School: Development and Pilot Evaluation of a Purpose-Centered, Service Learning Program for 4th-6th graders <i>Taylor Damiani, University of California</i> Experience Sampling Comparison of Engagement, Mood, and Purpose: High School Students in a Traditional School Environment vs. Students in an Initiative-Based, Learner-Centered Environment <i>Gary Gute, University of Northern Iowa; Deanne Gute, University of Northern Iowa; Elaine Eshbaugh, University of Northern Iowa; Mihaly Csikszentmihalyi, Claremont Graduate University</i> Demands and Resources that Influence Meaningfulness and Engagement of First-year Students in a South African Rural-based University: Experiences Shared by Students and Support Structures. <i>Karina Mostert, North-West University; Arnold B Bakker, Erasmus University Rotterdam</i> Principals’ Sense of Meaning and Teachers’ Attitudes and Feelings: HLM Analyses <i>Shani Hassid, The University of Haifa; Dr. Shiri Lavy, The University of Haifa</i>



TUESDAY, JUNE 26	
Health Room Symposia	<p>Playing Positive Psychology: Using Tangible Tools and Facilitation Methods in Positive Education</p> <p><i>Leader: Ilona Boniwell, Positran</i></p> <p><i>Presenters:</i></p> <ul style="list-style-type: none"> • <i>Manuela Berger, Trainer and Life Coach</i> • <i>Laure Reynaud, Co-founder, ScholaVie; Vice President, l'Institut pour la Recherche en Education Positive (IREP)</i> • <i>Tom Gillson, Literacy Lecturer, Area 51 Education Ltd.</i>
17:00–17:15	Break and transition
17:15–17:45	
Strength Room Plenary	<p>Integration:</p> <p>Take away and key learning points – <i>Nanna Paarup, Solve-it ApS</i> <i>Margaret L. Kern, Melbourne Graduate School of Education The University of Melbourne</i></p>
17:45–18:00	Break
18:00–18:45	
Strength Room Plenary	<p>Meet & Fun</p> <p>Getting together & networking "PERMA Speed-dating" – <i>Mette Marie Ledertoug, Educational Psychology, Aarhus University & Nanna Paarup, Solve-it ApS</i></p>
19:00–23:00	
	<p>Dinner</p> <p>Café Ponyvaregény (Café Pulp Fiction) – Kopaszi Gát 12, 1117 Budapest</p>

WEDNESDAY, JUNE 27	
09:00–09:15	
Strength Room	<p>Welcome – <i>Margaret L. Kern, Melbourne Graduate School of Education The University of Melbourne</i> <i>Activity – Mette Marie Ledertoug, Educational Psychology, Aarhus University & Nanna Paarup, Solve-it ApS</i></p>
09:20–09:45	
Strength Room	<p>Plenary</p> <p>Caring relations: A vital foundation for 21st-century education – <i>Shiri Lavy, The University of Haifa</i></p>
09:45–10:15	
Strength Room	<p>Plenary</p> <p>10 Lessons Learned in 10 Years of Positive Education (What Went Wrong) <i>Charlie Scudamore, Vice Principal, Geelong Grammar School, Australia</i></p>
10:15–10:30	Break and transition
10:30–12:00	
Flourishing Room	<p>Intervention Fair</p> <p><i>Leaders: Laure Reynaud, ScholaVie; Lucy Airs, Vanessa Clamy-Sebag, Anglia Ruskin University; Louise Tidmand, Styrkeakademiet ApS. More info on page 29.</i></p>
12:00–12:10	Break and transition
12:10–12:40	
Strength Room	<p>Integration</p> <p>Conversation with engaging panel <i>Participants: Hans Henrik Knoop, Aarhus University; Ilona Boniwell, Positran; Margaret L. Kern, Melbourne Graduate School of Education The University of Melbourne</i> <i>Moderator: Shiri Lavy, The University of Haifa</i></p>
12:40–13:00	<p>Closing</p> <p>Key Learning Points from the Pre-conference – <i>The Organizing Team</i></p>



Intervention Fair

Join us for the “Intervention Fair” – an engaging session in which you’ll hear and experience positive education interventions from around the world. During this interactive session, you’ll join a small group and travel between stations/booths, activities, and posters. You’ll have an opportunity to interact directly with international contributors. Along the way, you’ll collect stamps in a “passport” book. Play along and see where your journey takes you!

	Country	Presenter(s)	Title
1	Canada	Nancy Goyette (Ph. D), Researcher and Professor in Education Sciences, Université du Québec à Trois-Rivières (UQTR)	<i>Learning Activities to Develop Well-being of Trainees at the Bachelor's Degree In Education</i>
2	Denmark	S. Feldt-Rasmussen , Associate Professor, Teacher Education, University College South Denmark K. Rasmussen , Associate professor, Ph.D, Research Centre of Health Promotion, University College South Denmark B. Haucke , Teacher, Lagoni School, Vojens P. Dreier , Teacher, Lagoni School, Vojens	<i>Character Strengths, Mindfulness and Physical Activity – A Whole-School Approach</i>
3	Denmark	Christian Taftenberg Jensen , MoPP, Former Professor and manager of Academy Profession Degree of Outdoor Education in Theory and Practice	<i>A Mixed Marriage Between Positive Psychology and Experiential Learning. How to Create a Meaningful and Engaging Learning Process and Making Positive Psychology Tangible</i>
4	Denmark	Louise Tidmand , Aarhus University	<i>Books, Plays and Other Resources to Work With Well-being in Kindergarden, Schools and Youth Education + Research</i>
5	Finland	Aase Fagerlund , Ph.D, Senior Researcher, Folkhälsan Research Institute Mari Laakso , PhD Student, Folkhälsan Research Institute	<i>Strength, Joy and Compassion Enhancing Child Well-being in Finnish Children</i>
6	France	Laure Reynaud , Co-founder, ScholaVie & Institute for Research in Positive Education	<i>Well-being lessons and Strengths</i>
7	France	Vanessa Clamy-Sebag , Certified ScholaVie and Positran Trainer	<i>SPARK Resilience and Aventure Résilience</i>
8	France	Lucy Aïrs , I-MAPP, Certified ScholaVie and Positran Trainer, LEGO® SERIOUS PLAY® for Positive Psychology, Appreciative Inquiry, Design Thinking and Horse whispering	<i>Positive Psychology in Kindergarten and Pre-School : Let's Play Strengths & My Goodness, A Pat (Prosocial Awareness Tool)</i>
9	Iran	Naghmeb Taghva Tehran University of Medical Sciences	<i>A Well-being Survey of Iranian Adolescent Students: A Research Project</i>
10	Israel	Dalia Alony (PhD), School Psychologist, Adjunct Faculty Member, Ruppim Academic Center and Or Yehuda Academic Center	<i>Positive Education Program with Multicultural Special-Needs High School Students in Israel</i>
11	Mexico	Erneso Tejeda , MSc, Founder of Prep2U	<i>Let's Make It Happen! Exploring Science and Practice-based Opportunities</i>
12	The Netherlands	Jochem Goldberg , MSc, Department of Psychology, Health and Technology at the University of Twente	<i>Positive Education Programme: A Whole School Approach to Supporting Children's Well-being</i>



	Country	Presenter(s)	Title
13	New Zealand	Dr. Aaron Jarden , Head, Research at the Well-being and Resilience Centre, South Australian Health and Medical Research Institute, and Senior Research Fellow at Flinders University	<i>Assessing Well-being in Education</i>
14	South Africa	Karina Mostert , Professor in Industrial Psychology in the WorkWell Research Unit, Faculty of Economic and Management Sciences at the North-West University, Potchefstroom Campus, South Africa Arnold B. Bakker is Professor and Chair of the research group Work and Organizational Psychology of the Institute of Psychology at Erasmus University Rotterdam, The Netherlands. Ina Rothmann is the CEO of Afriforte (Pty) Ltd., the commercial arm of the WorkWell Research Unit (Potchefstroom, South Africa)	<i>Utilising the Study Demands-Resources Model and an Advanced Online Analytical Process Tool as an Intervention for University Student's Engagement, Well-being and Success</i>
15	Switzerland	Manuela Berger , Life Coach for children and parents, Founder of Feeling Magnets	<i>Feeling Magnets</i>
16	Taiwan	Pay-Ling Harn , PhD; assistant professor at Hsuan Chuang University, Hsinchu, Taiwan. She is certified counseling psychologist, LSP facilitator, and Play-Box facilitator Chao-Chi Hsiao , MSc, LSP facilitator and Play Box facilitator at LEGO® SERIOUS PLAY® Lab. he is certified counseling psychologist, LSP facilitator, and Play-Box facilitator	<i>The Effects of Psychology Course with Six Bricks and Play Box on Positive Learning of High School Students in Taiwan</i>
17	United Kingdom	Martin Galpin & Michele Deeks , BPS – HCPC, Founding Directors, Work Positive	<i>Tools to Facilitate Appreciative Discussions Interactive Cards/Questions and Video</i>
18	United Kingdom	Tom Gillson , MAPP, Literacy Lecturer, Area 51 Education LTD.	<i>Strickers – A Collectible Sticker Album</i>
19	United Kingdom	Sue Roffey , Director of Growing Great Schools Worldwide Honorary Professor, Exeter University and Western Sydney University	<i>The Well-being Stories</i>