

# Pre-conference Program

JUNE 26	
	9:00–9:10
Strength Room (Eötvös) Plenary Room	<b>A Warm Welcome</b>
	9:10–9:30
Strength Room (Eötvös) Plenary Room	<b>Plenary</b> <b>Positive Education: Looking Back and Looking Forward</b> <i>Margaret L. Kern, Melbourne Graduate School of Education The University of Melbourne</i>
	9:30–9:40
Strength Room (Eötvös) Plenary Room	<b>"Let's Get Started"</b> <b>Activity: energy, zest, teamwork</b> <i>Mette Marie Ledertoug, Educational Psychology, Aarhus University &amp; Nanna Paarup, Solve-it ApS</i>
	9:40–10:00 – Break and transition
	10:00–11:30
Strength Room (Eötvös) Plenary Room	<b>Facilitating Resilience in Children and Adolescents</b> <i>Leader: Tammie Ronen, Dean, The Gershon Gordon Faculty of Social Sciences Tel-Aviv University</i> <i>Presenters:</i> <ul style="list-style-type: none"> <li>• Meaning in Life through Children's Eyes as a Source of Resilience: Research and Practice <i>Yael Sharon, Talpiot and Psagot College</i></li> <li>• Mindfulness, Authenticity, and Body and Emotional Awareness: Promoting Childhood Well-being <i>Noga Tsur, Harvard University</i></li> <li>• Building Resilience through Appreciative Approaches <i>Martin Galpin &amp; Michele Deeks, Work Positive</i></li> <li>• Detecting Sleep Deprivation through Twitter: A Language Based Study <i>Gavin R. Slemp, Melbourne Graduate School of Education The University of Melbourne; Margaret L. Kern, Melbourne Graduate School of Education The University of Melbourne</i> <i>Alistair Walsh</i></li> <li>• Building Mindful Resilience <i>Elke Paul, Flourishing at School</i></li> <li>• School-based Interventions Based on Ancient Wisdom for Socially Marginalized Students <i>Narayanan Annalakshmi, Bharathiar University</i></li> </ul>
Calm Room ( 0.58) Symposia	<b>The Science and Art of Mindfulness in Education: Initiatives, Outcomes and Challenge</b> <i>Leaders: Bryndís Jóna Jónsdóttir, University of Iceland; Aviva Berkovich-Ohana, University of Haifa; Nimrod Sheinman, Israel's Center for Mindfulness in Education</i> <i>Presenters:</i> <ul style="list-style-type: none"> <li>• Being 'Here and Now': Mindfulness and Neuroscience <i>Aviva Berkovich-Ohana, University of Haifa</i></li> <li>• Implementing and Investigating School-based Mindfulness and Well-being Programs: Example of The Present Course for Primary Schools (Video) <i>Dusana Dorjee, Bangor University</i></li> <li>• Mindfulness in Education in Iceland: A Whole School Model Approach – Principles and Preliminary Results <i>Anna Dora Frostadóttir, Mindfulness Centre in Iceland</i></li> <li>• Mindfulness in Education as a Whole School Approach – Principles, Guidelines, and Outcomes <i>Nimrod Sheinman, Israel's Center for Mindfulness in Education</i></li> <li>• Finland's Healthy Learning Mind Research and Development Project <i>Salla-Maarit Volanen, Folkhälsan Research Center and University of Helsinki</i></li> <li>• Establishing a Contemplation &amp; Mindfulness Center <i>Yossi Ben Asher, Contemplation and Mindfulness Center, Kibbutzim College of Education</i></li> </ul>

## JUNE 26

<p><b>Gratitude Room (0.59.)</b> Symposia</p>	<p><b>Character Strengths in the Context of Positive Schooling: Focusing on Students and Teachers</b>  <i>Leaders: Marco Weber, Ph.D., Department of Psychology, Technical University Darmstadt &amp; Claudia Harzer, Ph.D., Department of Psychology, Technical University Darmstadt</i>  <i>Presenters:</i></p> <ul style="list-style-type: none"> <li>• Character Strengths' Crucial Role in Schooling: Introducing a "Schooling-related Engine Model of Well-being"  <i>Claudia Harzer, Technical University Darmstadt</i></li> <li>• Effects of an Intervention Program on Intern Teachers' Well-being and Character Strengths Development  <i>Nancy Goyette, Université du Québec à Trois-Rivières, Department of Education Sciences</i>  <i>Philippe Dubreuil, Université du Québec à Trois-Rivières, Department of Human Resources Management</i></li> <li>• The Role of Teachers' Character Strengths in Classroom Management  <i>Polona Gradišek, Faculty of Education, University of Ljubljana</i></li> <li>• Principals' Strengths Use Effects on Teachers  <i>Sahar Amoury-Naddaf, Department of Leadership and Policy in Education, University of Haifa</i>  <i>Shiri Lavy, Department of Leadership and Policy in Education, University of Haifa</i></li> <li>• Working with VIA Strengths in Youth Counselling – Research Plans as Outcome of a Ph.D. Intervention  <i>Louise Tidmand, University of Aarhus</i></li> <li>• Positive Education Programme: A Whole School Approach to Supporting Children's Wellbeing  <i>Jochem Goldberg, Department of Psychology, Health and Technology, University of Twente</i>  <i>Aleisha Clarke, Department of Psychology, Health and Technology, University of Twente</i>  <i>Karlein Schreurs, Department of Psychology, Health and Technology, University of Twente</i>  <i>Ernst Bohlmeijer, Department of Psychology, Health and Technology, University of Twente</i></li> <li>• On the relations between students' character strengths and various aspects of positive schooling  <i>Marco Weber, Department of Psychology, Technical University Darmstadt</i></li> </ul>
<p><b>Wisdom Room (100/A)</b></p>	<p><b>Cultivating Meaningfulness, Purpose and Engagement in Schools</b>  <i>Leader: Pninit Russo-Netzer, Ph.D., University of Haifa</i>  <i>Presenters:</i></p> <ul style="list-style-type: none"> <li>• Unraveling Youth Meaning, Purpose, and Happiness: Looking Ahead at Educators' Role  <i>Zipora Magen, Tel Aviv University</i></li> <li>• Autonomy Support, Engagement and Meaning in an Icelandic Compulsory School  <i>Ingibjörg Kaldalóns, University of Iceland</i></li> <li>• Nurturing the Spark of Meaning in Children: Empirical and Practical Implications of Viktor Frankl's Pathways to Meaning in Life  <i>Pninit Russo-Netzer, University of Haifa</i></li> <li>• Fostering Adolescents' Meaning and Purpose in Life Through a Social and Emotional Program  <i>Mandy Wai-chan Chan, Jimmy de la Torre and Mantak Yuen, The University of Hong Kong</i></li> </ul>
	<p><b>11:40–12:00</b></p>
<p><b>Strength Room (Eötvös) Plenary Room</b></p>	<p><b>Integration:</b>            Take away and key learning points – <i>Margaret L. Kern, Melbourne Graduate School of Education</i>  <i>The University of Melbourne/ Nanna Paarup, Solve-it ApS</i></p>
	<p><b>12:00–12:30</b></p>
<p><b>Strength Room (Eötvös) Plenary Room</b></p>	<p><b>Visions for Positive Education</b>  <b>Working lunch in groups:</b> Creating a Worldwide Positive Education Community</p>
	<p><b>12:30–13:00</b></p>
<p><b>Strength Room (Eötvös) Plenary Room</b></p>	<p><b>Visions for Positive Education</b>  <b>Working lunch in groups:</b> Creating a Worldwide Positive Education Community</p>

## JUNE 26

13:00–13:30

**Strength Room (Eötvös)**  
Plenary Room

**Integration**  
Summarizing the groups' work  
*Margaret L. Kern, Melbourne Graduate School of Education The University of Melbourne*

13:30–15:00

**Strength Room (Eötvös)**  
Plenary Room

**Facilitating Resilience among Children Through Their Immediate Environment**  
*Leader: Tammie Ronen, Dean, The Gershon Gordon Faculty of Social Sciences Tel-Aviv University*  
*Presenters:*

- Helping Children to 'Prosper' and 'Bounce back'  
*Toni Noble, Institute of Positive Psychology and Education, Australian Catholic University*
- Inquiry-Based Stress Reduction Meditation Technique for Teacher Burnout A Qualitative Study  
*Shahar Lev-Ari, Tel-Aviv University; Lia Schnaider-Levi, Tel-Aviv University; Inbal Mitnik, Rambam Medical Center; Keren Zafrani*
- Building Resilience and Nature Connectedness: Embedded Practice for Engaging with Nature.  
*Moya O'Brien, Founder of ICEP Europe, Ireland & USA*
- Unique Program to Develop EQ and Resilience for Success Background  
*Mike Conway, Founder & CEO XVenture*
- Honor Your Inner Child: Rediscover the Power of Learning through Play and Experience  
*Casey Kimberley*
- Increasing Positive Emotion and Self-evaluation in Children  
*Tammie Ronen, Dean, The Gershon Gordon Faculty of Social Sciences Tel-Aviv University*

**Calm Room (0.58)**  
Symposia

**Relationships as Professional Skills**  
*Leaders: Anne Linder, Danish Center for ICDP; Camila Devis-Rozental, Bournemouth University, UK; IPPAed UK Regional Representative*

**Gratitude Room (0.59.)**  
Symposia

**Disadvantaged and Disconnected: How Can Positive Education Reach and Be Relevant for the Teachers, Schools, and Students Who Need it Most?**  
*Leaders: Sue Roffey, University of Exeter; Denise Quinlan, New Zealand Institute of Wellbeing and Resilience*  
*Presenters:*

- Implementation of Whole School Positive Education in Primary Schools with Low SES in Hong Kong  
*Sylvia Kwok Lai Yuk Ching is Associate Professor, Positive Education Laboratory, City University of Hong Kong*
- Positive Psychology with Disadvantaged Young Children in Diverse Populations  
*Niva Dolev is Head of Education and Family Division, Kinneret Academic College on the Sea of Galilee*
- Positive Education Program with Multi-cultural Special-needs High School Students in Israel  
*Dalia Alony, Ruppin Academic Center and Or Yehuda Academic Center*

**Wisdom Room (100/A)**

**Engaging "Everyone": Engagement in Different Student Populations**  
*Leaders: Lotta Uusitalo-Malmivaara, University of Helsinki; Kaisa Vuorinen, University of Helsinki*  
*Presenters:*

- Positive CV  
*Kaisa Vuorinen, University of Helsinki*
- Parental Box  
*Lotta Uusitalo-Malmivaara, University of Helsinki*
- The Application of Self-Determination to the Disability Context  
*Michael L. Wehmeyer, Ph.D, University of Kansas*

15:00–15:30

Break and transition

## JUNE 26

15:30–17:00

**Calm Room (0.58)**  
Symposia

**The Battle Against Boredom**

*Leaders: Mette Marie Ledertoug, PhD, Postdoc in Positive Education, Aarhus University; Louise Tidmand, PhD student in "Lifeskills on the Curriculum": MA (Ed) in Educational Psychology, Stykkeakademiet ApS.; Nanna Paarup, MA in Positive Psychology, Solve-it ApS*

**Gratitude Room (0.59.)**  
Symposia

**Strength-based coaching in schools: Supporting teachers' and students' best possible selves**  
*Leader: Fred Korthage, Utrecht University*

**Wisdom Room (100/A)**

**Meaningfulness, Purpose and Engagement in Schools: Resources, Perspectives and Challenges**

*Leader: Prinit Russo-Netzer, University of Haifa*

*Presenters:*

- **Meaningfulness as Significance – Authenticity and Contribution as Two Key Pathways to What Makes Life Worth Living**  
*Frank Martela, Aalto University*
- **Purpose and Engagement in School: Development and Pilot Evaluation of a Purpose-Centered, Service Learning Program for 4th-6th graders**  
*Taylor Damiani, University of California*
- **Experience Sampling Comparison of Engagement, Mood, and Purpose: High School Students in a Traditional School Environment vs. Students in an Initiative-Based, Learner-Centered Environment**  
*Gary Gute, University of Northern Iowa; Deanne Gute, University of Northern Iowa; Elaine Eshbaugh, University of Northern Iowa*  
*Mihaly Csikszentmihalyi, Claremont Graduate University*
- **Demands and Resources that Influence Meaningfulness and Engagement of First-year Students in a South African Rural-based University: Experiences Shared by Students and Support Structures.**  
*Karina Mostert, North-West University*  
*Arnold B Bakker, Erasmus University Rotterdam*
- **Principals' Sense of Meaning and Teachers' Attitudes and Feelings: HLM Analyses**  
*Shani Hassid, The University of Haifa; Dr. Shiri Lavy, The University of Haifa*

17:00–17:15

Break and transition

17:15–17:45

**Strength Room (Eötvös)**  
**Plenary Room**

**Integration:**

Take away and key learning points – *Nanna Paarup, Solve-it ApS*  
Connecting with IPEN/ AI Summit – *Margaret L. Kern, Melbourne Graduate School of Education*  
*The University of Melbourne*

17:45–18:00

Break

18:00–18:45

**Strength Room (Eötvös)**  
**Plenary Room**

**Meet & Fun**

Getting together & networking  
"PERMA Speed-dating" – *Mette Marie Ledertoug, Educational Psychology, Aarhus University & Nanna Paarup, Solve-it ApS*

19:00–23:00

**Dinner**

**Café Ponyvaregény (Café Pulp Fiction) – Kopaszi Gát 12, 1117 Budapest**

## JUNE 27

	<b>9:00–9:15</b>
<b>Strength Room (Eötvös Room)</b>	<b>Welcome</b> – <i>Margaret L. Kern, Melbourne Graduate School of Education The University of Melbourne</i> <i>Activity</i> – <i>Mette Marie Ledertoug, Educational Psychology, Aarhus University &amp; Nanna Paarup, Solve-it ApS</i>
	<b>9:20–9:45</b>
<b>Strength Room (Eötvös Room)</b>	<b>Plenary</b> Relationships – The Heart of Positive Education -- <i>Shiri Lavy, The University of Haifa</i>
	<b>9:45–10:15</b>
<b>Strength Room (Eötvös Room)</b>	<b>Plenary</b> 10 Lessons Learned in 10 Years of Positive Education (What Went Wrong) <i>Charlie Scudamore, Vice Principal, Geelong Grammar School, Australia</i>
	<b>10:15–10:30</b>
	Break and transition
	<b>10:30–12:00</b>
<b>Flourishing Room</b>	<b>Positive Education Fair</b> <i>Leaders: Laure Reynaud, ScholaVie; Lucy Airs, Vanessa Clamy-Sebag, Anglia Ruskin University;</i> <i>Louise Tidmand, Stykkeakademiet ApS.</i>
	<b>12:00–12:10</b>
	Break and transition
<b>Strength Room (Eötvös Room)</b>	<b>Integration</b> Conversation with engaging panel <i>Participants: Hans Henrik Knoop, Aarhus University; Ilona Boniwell, Positran;</i> <i>Margaret L. Kern, Melbourne Graduate School of Education The University of Melbourne</i> <i>Moderator: Shiri Lavy, The University of Haifa</i>
	<b>12:10–12:40</b>
<b>Strength Room (Eötvös Room)</b>	<b>Integration</b> Conversation with engaging panel <i>Participants: Hans Henrik Knoop, Aarhus University; Ilona Boniwell, Positran;</i> <i>Margaret L. Kern, Melbourne Graduate School of Education The University of Melbourne</i> <i>Moderator: Shiri Lavy, The University of Haifa</i>
	<b>12:40–13:00</b>
	Closing
	<b>Key Learning Points from the pre-conference</b> – The Organizing Team